

Appendix B: Flight Training Tracking Sheet

Student: _____

Sheet #: _____

	Date	# of Flights	Flight Lesson #	Instructor															
Takeoff & Tow																			
Hook Up & Maneuvering onto Runway																			
Pre Takeoff Checklist																			
Normal Takeoff																			
Crosswind Takeoff																			
Unassisted Takeoff																			
Normal Aerotow																			
Hi-Low Tow Transition																			
Boxing the Wake																			
Slack Line Recovery																			
Simulated Rope Break – Below 200'																			
Simulated Rope Break – 200' to 500'																			
Simulated Rope Break – Above 500'																			
Aerotow Release																			
Basic Flight Maneuvers																			
Situational Awareness																			
Attitude Flying																			
Use of Trim																			
Coordinated Flight																			
Straight Glide																			
Shallow, Medium & Steep Turns																			
Turns to Headings																			
Use of Spoilers																			
Geographic Orientation																			
Pattern & Landing																			
Traffic Pattern																			
Radio Procedures																			
Clearing for Traffic																			
Before-Landing Checklist																			
Airspeed & Glidepath Control																			
Normal Landing																			
Taxiing & Clearing Runway																			
Crosswind Landing																			
Precision Landings & Stops																			
Slips to Landing																			
Unusual Patterns																			
Strong Winds																			
Downwind Landing																			
Covered Instrument Landings																			
Simulated Off-Field Landings																			
Alternate Runways - 21 Dirt – 03 – 16 – 34																			
Advanced Skills																			
Minimum Sink, Best L/D & Speed-to-Fly																			
Forward Stall, with and without airbrakes																			
Turning Stall, with and without airbrakes																			
Slips: Forward, Side & Turning																			
Spirals & Descents																			
Spin Awareness																			
Spin Entry & Recovery																			

D = Demonstrated

A = Attempted

S = Safe for Solo

P = Proficient for Flight Exam