

Before Takeoff Checklist

Phase I:

- **C**ontrols (plural)
- **B**allast

Phase II:

- **S**traps (plural)
- **W**ind
- **I**nstruments (plural)
- **F**laps (singular)
- **T**rim

Phase III:

- **C**anopy
- **B**rakes (singular for most gliders, plural for a Blanik, since the wheel brake is not at the end of the air brake travel)
- **E**mergency plan (the three phases plus the return speed that can and should be prebriefed prior to closing the canopy)

- A** Altimeter set to correct elevation
- B** Seat belts and shoulder harnesses fastened and tightened
- C** Controls checked for full and free movement
- C** Cable or towline properly connected to the correct hook
- C** Canopy closed, locked, and checked
- D** Dive brakes closed and locked
- D** Direction of wind checked and emergency plan reviewed