

Before Takeoff Checklists			Before Landing
A BB CCCCC DDD E	or	CB SWIFTT CCBE	FUSTALL
A - Altimeter B - Ballast B - Belts C - Controls, Flaps, Trim C - Comm C - Connect Towrope C - Canopy D - Dolly D - Dive Brakes D - Direction of Wind E - Emergency Plan		C - Controls B - Ballast S - Straps W - Winds I - Instruments F - Flaps T - Trim T - Tail Dolly C - Connect Towrope C - Canopy B - Brakes E - Emergency Plan	F - Flaps U - Undercarriage S - Speed T - Trim A - Airbrakes L - Lookout L - Landing
Final Check – Canopies, Spoilers, Dolly			